

# TUESDAY MARCH 12

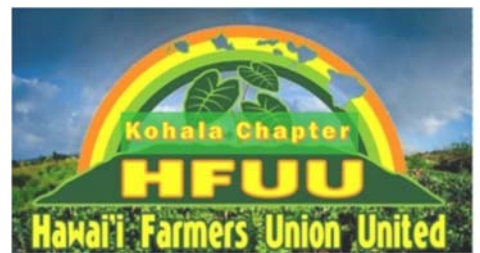
## OPTIMIZE SOIL TO

# DOUBLE NUTRIENT CONTENT

Foods grown in optimized soil also taste better, have a longer shelf life, better texture, produce abundantly and are more resistant to pests and diseases.

**DR. JANA BOGS**, project leader with the Nutrition Farming Project, will share insights and answer questions.

*Nutrition Farming for Hawaii is a research and demonstration garden project at HIP Agriculture working to restore food for maximum health benefits.*



**KOHALA CHAPTER OF  
HAWAII FARMERS  
UNION UNITED**

**6pm Potluck**

Please bring your own plate,  
utensils and beverage

OR

pick up dinner at The Hub Pub

**7pm Free Program**

Location: At the barn, behind  
Kohala Village Inn (The Hub)

in Hawi of North Kohala  
on The Big Island of Hawaii

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HFUU Kohala Chapter

